

To book:

Mark the event you will be attending and return form to: Family Foundations Trust Ltd, Dalesdown, Honeybridge Lane, Dial Post, Horsham, West Sussex. RH13 8NX
Or email: events@dalesdown.org.uk

Breathing Space	Tuesday 20 th February 2018	10am – 3pm	_____
Breathing Space	Thursday 22 nd March 2018	10am – 3pm	_____
Breathing Space	Tuesday 15 th May 2018	10am – 3pm	_____
Quiet Space	Tuesday 10 th July 2018	10am – 3pm	_____



Retreat Programme

2018



NAME.....

ADDRESS.....

POSTCODE.....

TEL NO.....

CHURCH.....

EMAIL ADDRESS

FEE ENCLOSED..... enclosed/ paid online

Please make cheques payable to Family Foundations Trust Ltd
To pay via internet banking make payment to: CAF Bank Ltd, 40-52-40,
Account Number 00007300 quoting ref: retreat and your surname.

(Breathing Space £20, Quiet Space £20, Worship Space £25)

Special dietary requirements.....

BREATHING SPACE

Tuesday 20th February

Thursday 22nd March

Tuesday 15th May

QUIET SPACE

Tuesday 10th July

See inside for further details of coming events

At Dalesdown, as well as finding peace, tranquillity and beautiful countryside, you will find a place dedicated to God and used by Him.

Our retreat programme provides the opportunity and privilege of time apart in God's presence, enabling you to return to your busy, noisy world better equipped to serve Him.

BREATHING SPACE

20th February, 22nd March and 15th May 2018

Breathing Space days provide the opportunity to use Dalesdown as the base for a day of personal retreat, following your own agenda or taking time to pray with one of the team.

Coffee will be served in the lounge from 9.45am, with a short worship session at 10am before making the day your own in the quiet and prayerful atmosphere of Dalesdown, with 8 acres of space.

Tea and coffee are available throughout the day and light lunch is served at 1pm

The day will conclude after a closing session, including the opportunity for communion, at around 3pm. Places are limited so it is essential to book your place through the Dalesdown Office

Cost: £20



QUIET SPACE

Tuesday 10th July

With the pressured lives we lead today - so much to do, so many demands - it is all too easy for the time or space to listen to God to be squeezed out. A day away from your usual routine can give you the space and opportunity you need to change that.

Quiet Space days are an ideal way to redress the balance in your busy life, taking time out in Dalesdown's peaceful, beautiful surroundings. The day will include creative input from our guest facilitator, but the aim is to allow plenty of quiet space in between for your own listening, reflection and prayer. We encourage silence across the whole day in order to allow you and fellow guests the opportunity to hear from God in the peace.

Coffee will be served in the lounge from 9.45am, with the programme beginning at 10am. The final session will end at 3pm when tea/ coffee will be served in the lounge for any who are able to stay.

Tea and coffee are available throughout the day and light lunch is served at 1pm

Cost: £20

If you would like to know more about any of our Retreat events, or about the possibility of booking a small room for your own personal retreat day, please phone the office at Dalesdown: 01403 710712

Or email Jo Jackson at: events@dalesdown.org.uk

Please book as soon as possible to be sure of a place.