

Equip: Households of Glory

Praying in Power at home

Listed below are some different interactive ways that might help engage everyone praying at home. These can easily be adapted as you see fit for your family.

M&M PRAYERS

Open a packet of M&Ms, Smarties, or Skittles, and allocate a different type of prayer to each colour: e.g. red = praise, yellow = ask, blue = thanks. Then each person reaches into the packet, pulls out a sweet and prays according the colour. Go round as many times as you want!

FINGER PRAYERS

Use each finger as a different prayer:

Thumb = those closest to you (friends & family)

Pointer = those who lead you (teachers, boss at work, vicars)

Index = those who lead us (government)

Ring = those who are weak, in trouble or in pain

Pinkie = ourselves

ALL OUT-LOUD TOGETHER

If you or members of your family struggle to pray out loud, try getting each family member to write down their own 4-line prayer by using the **ACTS** model (change the words as appropriate for your family):

ADORATION CONFESSION THANKSGIVING SUPPLICATION

Then, everyone stands up, faces each other and reads out their prayers all at the same time in different ways:

> Whispering // Singing // Shouting> Turn your backs on each other and speak normally> Finally say them at a normal voice all together.

FAMILY SHIELD

Choose four or five values that you'd like your family to live by and be known by and design a family shield/coat of arms that can hang in your house somewhere.

Create a family motto, maybe taken from the bible, that you can speak over each other every day.

TESTIMONY TREE

Either use a tree in your garden, or make your own however you want.

Spend time each week to write testimonies of what God has done on luggage tags and tie them to the tree as a reminder of what he has done for you all.

PRAYER DEN

Find somewhere in your house that you can transform into a prayer den. Make it comfy with cushions and blankets, put up fairy lights, add a bluetooth speaker, and a board to write what God says to you when you're in there.

FAMILY MEMORY VERSES

Choose a new memory verse each week and give out prizes to those in your house that can remember it - try different ways to recite it: singing/using sign language/writing it out/doing it in funny accents.

PRAYER SPACES IN SCHOOLS WEBSITE

Visit https://
www.prayerspacesinschools.com/
prayer-spaces-at-home for some
great creative ways to get your whole
family praying!