

# Superstars Spot

14<sup>th</sup> June – Fruits of the Spirit : JOY

Romans 15:13 “May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.”

Before we look at the Bible story today have a go at these activities!

*Get Chatty* Have a chat with your family about what each of them feel about these questions....

- What makes you happy?
- What makes you sad?
- What makes you laugh?
- What makes you cry?

*Get Ready* Can you try and make a **pinwheel jam sandwich**?

Take a slice of bread, cut the crusts off and spread jam all over. Then try and roll up your sandwich, so it is sausage shape, you can then cut it into slices and see the jam.

Has it made a spiral shape? Is it oozing out of the sides? Is it yummy? Maybe you can share it with your family and household as a tasty snack while you look at the Bible story!



*Bible Story* We are going to look at the time Jesus was born. Can you find it in your Bible?

It's a story we read at Christmas usually, but it is for everyday really. There is joy everywhere in the story, can you spot moments of joy, which parts are good? You may want to read a part of the story each day this week and carry on looking for joy in the story.

*Spotlight* Today's story is full of joy! Joy from the Holy Spirit is not just a smile on our face, but a smile from our heart that runs through who we are and all we do. A bit like the jam that went all through our sandwich on the inside of the bread. Joy from the Holy Spirit runs through all of us, leaking out onto others too. The joy of Jesus birth leaked out to the shepherds and the kings and then the whole world and then onto you.

You as a child have a wonderful gift of leaking joy over people! **You carry Gods Kingdom and part of that is joy.** This week have fun carrying on spreading Holy Spirit joy over your family and household.

**Prayer** Thank you Jesus for coming to this world as a baby and releasing joy over the world. Thank you that your joy is in me, please help me spread this all over my family. Help them to catch your joy too, joy that puts a smile on our hearts. Fill us all up with your Holy Spirit joy today. We love you Jesus. Amen

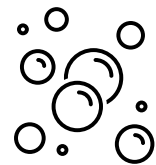
## Activity Ideas



**What's inside my heart:** (craft) – Have fun making and decorating this heart and thinking of the ways you bring joy to your family!

<https://ministryark.com/craft/whats-inside-my-heart-craft/>

**Bubbles of Joy:** Using bubbles you might already have or washing up liquid, blow bubbles around your house. As they pop they are popping our JOY you're your house!



**A little extra...** A good definition of *Holy Spirit joy* is in the Jesus story book Bible page 250. 'Gods kingdom is where he fills your heart up with his forever happiness'