

7th June – Fruits of the Spirit : LOVE

Galatians 5.22: But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, and self-control.

Which is your favourite fruit? Do you like sweet strawberries, or crunchy apples or soft bananas or juicy oranges?



Did you know all the **fruits** we eat grow on a **plant** and must **be picked**? Maybe you are growing some in your garden right now! Maybe you can act out being a fruit plant now? Stand straight and tall, stretch up high. Spread your arms out as branches, which kind of fruit plant are you?

Bible Story Jesus and Zacchaeus (Luke 19:1-10)

If Zacchaeus was a fruit tree, his fruit would taste yucky! At the start of the story Zacchaeus didn't know Jesus' love and he was making bad choices and upsetting lots of people. But once Zacchaeus met Jesus and knew he was forgiven and chosen by him, he changed! He was filled with love from Jesus and could make good choices and show love to others around him. His fruit was yummy and sweet now! We could call the fruit Zach now had in his life **love**.

Spotlight We can be filled with Jesus love too just like Zacchaeus. The Holy Spirit will help us to have love as a fruit in our lives too. I wonder what love fruit looks and tastes like? Maybe for people in your family it looks like a hug, or a kind word, or a home-made gift or cake or helping with a job or playing a game?

Prayer/Activity Ideas



My Family and Jesus: Draw you with your family and household doing something you all enjoy doing together.

Draw Jesus in the picture too because He is always with you and as a family you show Gods love to others.

Love Letter: Make an 'I love you card' to someone in your family. You can design your own or use this idea: <u>https://sugarspiceandglitter.com/i-love-you-this-much-kid-made-card/</u>





Fruity Family: Make desert or a tasty snack for your family with this easy fruit kebab recipe! <u>https://www.bbcgoodfood.com/recipes/rainbow-fruit-skewers</u>