

Superstars Spot

21st June – Fruits of the Spirit : PEACE

2 Thessalonians 3.16 - *Now, may the Lord himself, the Lord of peace, pour into you his peace in every circumstance and in every possible way. The Lord's tangible presence be with you all.*

Before we look at the Bible story today have a go at these activities!

Get Chatty

Have you eaten any fruit today?

Which is your favourite fruit?
Apples, bananas, grapes,
strawberries, or something else
yummy?

We have been thinking about
Holy Spirit fruit, we have talked
about the love fruit and the Joy
fruit! Today we are thinking
about the **Peace fruit**.

Get Ready

Can you go around your house and
garden to **find things** that are
smooth and things that are **rough**.

Here are some ideas:

- Smooth - a wooden spoon, small stone, plastic plate, a book.
- Rough - a hairbrush, scouring pad, doormat, prickly leaf

Peace feels smooth, like the smooth things you found around your home.

Bible Story

Today's Bible story is from **Matthew 4:35**, it's all about when **Jesus calms the storm**. In the story Jesus' friends are having a rough day, they are scared of the storm and worried they are going to get hurt. Jesus was having a smooth day; he was feeling calm and relaxed and was even asleep in the storm.

I wonder who had the fruit of peace in their lives.... Yes, you are right it was Jesus!
Jesus had peace and he shared it with his friends, so they had peace too!

Spotlight

Even if things look rough, hard or worrying we can **come close to Jesus and receive peace**, we know **He is in charge** and will look after us. Just like Jesus did on the boat, he took charge of the storm and brought peace.

As a family can you **think of situation you are feeling rough** about. Maybe its going back to nursery, school or work, maybe someone feels poorly, or maybe you are missing being close to loved ones.

Prayer

Let's pray and come close to Jesus.

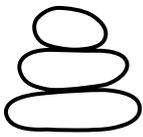
Can you choose to hold one of the smooth things you found while we talk to Jesus?

'Jesus, thank you that you speak peace over me and my family today. Thank you that even when we feel rough, worried or scared you are in charge. Holy Spirit can fill us with Holy Spirit peace. Help us to bring peace to others like Jesus did.'

Activity Ideas

Stone of Peace:

Can you find a **smooth stone** and ask a grown up to **write 'Peace'** on it.



You can leave it on your table where you eat meals together, then every time you eat you can be reminded that even if you are feeling rough, Jesus that he is in charge and you can be filled with His Holy Spirit peace.

Drama:

Maybe you can **act today's Bible story** out with your family! Take it in turns to be Jesus or the worried friends.

See if you can find things to use as props for your drama. You can make a boat from chairs or an old box or even a rug, a hair dryer for the wind?! Have fun!

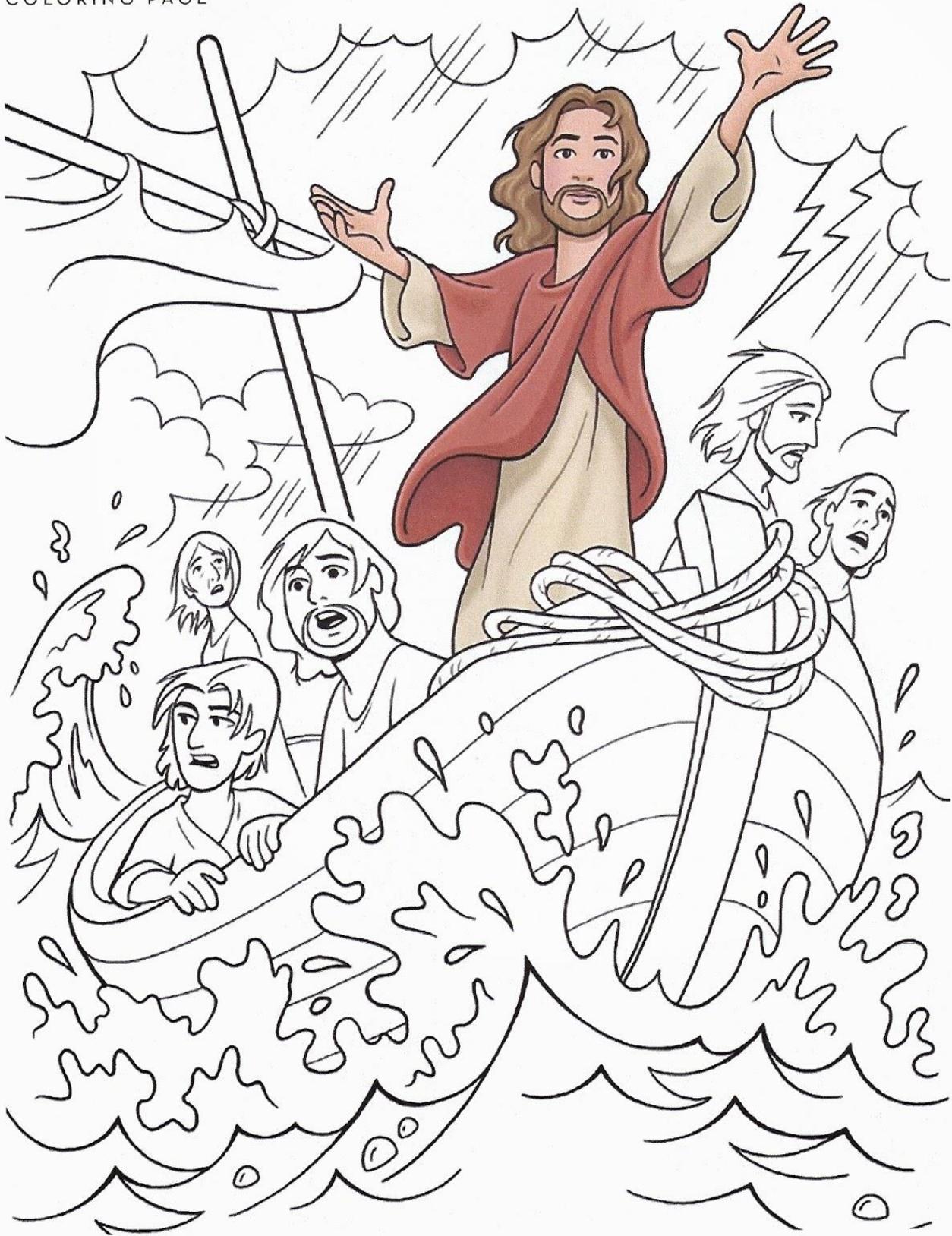


Colouring Page



Print of the colouring sheet on the next page to remind yourself of today's Bible Story!

COLORING PAGE



Jesus Calms the Tempest

Then [Jesus] arose, and rebuked the winds and the sea; and there was a great calm (Matthew 8:26).