

Superstars Spot

5TH July – Fruits of the Spirit: KINDNESS

Ephesians 4:32 (ICB) – *Be kind and loving to each other*

Before we look at the Bible story today have a go at these activities!

Get Chatty

I wonder how you and each of your family like to be loved?

Maybe you like a hug? Or is it a present that shows your loved? Or when someone helps you with a job you have to do? Or having special time with someone one to one. Hearing how people appreciate you and value your gifts and talents may help you feel loved too.

We are all different! But we are all loved by Father God and we can show love to others in our family.

Get Ready

Today's fruit is the kindness fruit.
Kindness is a way we can show other people we love them.

Can you find your hands?
Can you find your mouth?
Can you find your feet?
Can you find your eyes?
Can you find your ears?

Bible Story

Today's Bible story, Jesus is showing his friends how to be kind and show love. The man in the story had lots of kindness fruit and he used it to show the poorly man he was precious and loved.

Read the story on the next page!!

Can you see in the story where the Good Samaritan used his hands, his feet, his mouth, his eyes and his ears to be kind to the poorly man?

Story

There once was a **Jewish man** walking along a road. He was coming from Jerusalem and was heading to Jericho, which was a full day or two of walking. The road was rocky and there were small hills all around.

The man was just humming to himself and enjoying the nice day when suddenly a group of men jumped out from behind a hill. They took all of the things he owned. They didn't want him to follow them, so they hurt him and left him poorly on the side of the road.

A few minutes later, a **church man** was walking down the same path and noticed the man lying on the side of the road. Do you know what he did? You'd think he would run over and help the man. Instead he crossed the road and walked on the other side and acted like he didn't see the man.

About an hour or so later, **another man, called a Levite**, was walking down the road. Levites helped church men with their work. He would probably help the man. But you know what he did? He slowed down and walked a little closer to the man, but then kept walking without helping him at all.

Just a few minutes later, another man came walking. He was a **Samaritan**. As soon as he saw the man, he went over to him and felt concern for him. He put bandages on his sores and poured oil and wine (which were quite expensive) on the sores to prevent them from getting worse. Then he lifted the man on his own donkey and took him to a hotel to take care of him.

The next day the Samaritan took out enough money so the man could stay at the hotel until he was well enough to leave. He paid the man at the front desk and asked him to take care of the man. If he wasn't better after about two months the Samaritan would come back and pay for any extra cost

Spotlight

When we are filled with the Holy Spirit, Father God can use us to show kindness to others around us in many ways.

- He can use our hands to make a gift or a picture for someone
- He can use our mouths to smile and speak kind words to others
- He can use our feet to go and give a hug
- He can use our eyes to see who needs our help.
- He can use our ears to listen to those around us.

When we share our kindness fruit to people around us it helps them see and taste Father God's big love for them!

Prayer










Let's pray and come close to Jesus.

*Thank you Father God that you love me very much.
Thank you Jesus that you are kind to me every day.
Holy Spirit please fill me up and help me show
kindness to people*

Creative Response - Kindness Jar

Find a largeish jar and, with some help, cut out the cards below and/or make your own to go in the jar. Each day pick a kindness card and see if you can show kindness to someone close to you in that particular way.

- **Hands:** Make a gift or draw someone a picture to show kindness
- **Mouth:** Use a smile or a kind word to show kindness
- **Feet:** Go and share a hug with someone to show kindness
- **Eyes:** Use your eyes to see who needs help around you to show kindness.
- **Ears:** Use your ears to listen to others to show kindness

<p>Show kindness by using your hands to make a card or picture to give away</p> 	<p>Show kindness by using your hands to make a card or picture to give away</p> 
<p>Show kindness by using your mouth to give a smile or kind word</p> 	<p>Show kindness by using your mouth to give a smile or kind word</p> 
<p>Show kindness by using your feet to go and give a hug/a wave</p> 	<p>Show kindness by using your feet to go and give a hug/a wave</p> 
<p>Show kindness by using your eyes to see who needs help around you</p> 	<p>Show kindness by using your eyes to see who needs help around you</p> 
<p>Show kindness by using your ears to listen to others</p> 	<p>Show kindness by using your ears to listen to others</p> 